Attorney's Docket No.: 12477-009001

Applicant: Chad Nelson et al.

Serial No.: 10/039,582 Filed: October: 19, 2001

Page : 2 of 5

Amendments to the Claims:

This listing of claims replaces all prior versions and listings of claims in the application:

## Listing of Claims:

Claims 1-19 (Canceled without prejudice.)

21. (Currently Amended) A method for rotationally molding a plastic part, comprising: adding a resinous material and reinforcing elements to a rotomold; adding reinforcing elements to the rotomold;

heating the rotomold such that the resinous material and reinforcing elements form a molded part including at least one wall having an outer surface and an inner surface, wherein the reinforcing elements are disposed embedded substantially throughout the wall of the molded part and projects from the inner surface;

cooling the rotomold; and

removing the molded part from the rotomold.

- 22. (Original) The method of claim 21, wherein the resin is a thermoplastic.
- 23. (Original) The method of claim 21, wherein the reinforcing elements are made from material selected from the group consisting of carbon fibers and glass fibers.
- 24. (Original): The method of claim 23, wherein the fibers protrude into an internal cavity of the molded part.
- 25. (Original): The method of claim 21, further comprising the step of providing a mold element including:
  - a generally planar molding surface and distal edges,

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Serial No.: 10/039,982 Filed: October 19, 2001

Page: 3 of 5

Attorney's Docket No.: 12477-009001

at least one edge member disposed on said generally planar molding surface, and at least one complimentary adjustable edge member disposed on said generally planar molding surface,

said generally planar molding surface and said edge members cooperatively defining at least a portion of a mold cavity.

26. (Previously presented) The method of claim 25, wherein the resinous material is thermoplastic.